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THE BULLETIN

4 AUGUST 2024

18TH SUNDAY IN ORDINARY TIME (YEAR B)



Christ Preaching at Capernaum by Gottlieb



GLAD YOU'RE HERE

Welcome

A very warm welcome to you, especially to anyone new and visiting our parish. It is good to have you with us! If you have any questions or would like to know more about our community at Our Lady of Dolours please contact us at 02 9410 9000 or email us at chatswoodoffice@bbcatholic.org.au - we would love to hear from you.

This week, our First Saturday Rosary Group returns to pray the rosary on the forecourt at 4 pm - join us as we pray for the world!

On Sunday, there's lots to join in on!

- Enjoy a cup of tea with Jan in the PEW garden after the 7:30am Sunday Mass.
- Bring your plants and join the plant barter/swap in the PEW garden from 9:00am to 3:00pm. Plants also available for purchase!
- If you're a Mum, come over for the Mum's Ministry gathering at 3:45pm in the St Peter's Room. All mums of all ages and stages are welcome!

Also, don't miss out on the pilgrimage to the Philippines, with Fr David as the chaplain. It's a wonderful opportunity to experience the rich culture and Catholic history of a beautiful country!

Thank you so much to the Wan family for generously donating this week's flowers for the church.

For any inclusions to next week's bulletin, please email your content to Olivia at Olivia.Lee@bbcatholic.org.au by the close of business on Wednesday.

**Whoever comes to me will never be hungry;
whoever believes in me will never thirst.**

This Sunday's Gospel - John 6:24-35



Dear friends,

There is a good deal of activity currently occurring in our church and in our parish office.

Our large brass Tabernacle in the church has been temporarily removed. This is to be sent to the metal work people to be regilded and restored. It may be away for three or four months, and we have secured a temporary tabernacle in its place. The expense of this has been covered by a very generous donation from a parishioner.

Work commenced last Tuesday on our Carlo Acutis Eucharistic Chapel in the place of our current parish library. This project will be done in stages. Our "St Joseph" Chapel in the church foyer is to become our new parish Library. The space will be fitted out with shelving in the same timber as the current entrance to the room, leaving the beautiful stained-glass window of Our Lady a feature of the room. Once the room has been fitted, we will move the library immediately into the space, thus allowing for the demolition of the current library room for our Eucharistic Chapel which we aim to have ready by early October. We will create a new corner in the church for St Joseph – something similar to how we have the image of Divine Mercy.



The new chairs we have ordered for the northern transept of our church are, hopefully, now not too far away. They are coming from Germany but we are hoping that they arrive in August. We will then remove all the pews in the northern transept and in the choir loft, thus creating a much friendlier space for both families and musicians alike!

Work on our new office bathroom upstairs continues well. The room will be tiled in the coming week. Once the tiling is done, the fittings will go in and we will have a lovely new bathroom that has a shower along with toilet and vanity. Hopefully, the project will be completed in a short time. We will then turn our attention to the renewal of the flooring through the parish office.

An update, too, on developments at Chatswood Chase. Cranes will be installed over three separate weekends, across three separate locations including Victoria Avenue, Archer and Havilah Streets. The installations require partial road and footpath closures, with the site controlled by certified traffic controllers to guide all vehicles and pedestrians safely via detours. The first crane to be installed will be on Victoria Avenue, which is working towards the weekend of Friday 16 August to Sunday 18 August. While dates for the others are to be confirmed, it is expected that the Archer Street crane installation will take place on the weekend of 23 – 25 August and Havilah Street in late September or early October.

It is with great pleasure to announce our Chinese Catholic Association has selected a new Co-ordinator Mrs. Hannah Fong and a new deputy Co-ordinator Miss Sharon Yuen. With their great ideas and talents, we know Hannah and Sharon can bring our Association to a higher level in achieving our missions of promoting the CCA, uniting the Church communities, making the Lunar New Year celebration enjoyable and special to everybody and obtaining good fund-raising results for the Pastoral Works Fund Appeal. We sincerely thank Amelia Lee for establishing and guiding the CCA to this point!

A reminder that in the coming weeks, The NSW Parliament is set to begin debating the Equality Legislation Amendment (LGBTIQA+) Bill 2023. The key components of this legislation entail:

- introducing sex self-ID that will allow anyone to change their legal sex, enabling males to legally identify as females and access women-only spaces,
- enabling vulnerable children to concretise an opposite-sex identity by legally changing their sex, encouraging them further down harmful pathways of social and medical transitioning,
- removing important exemption provisions for faith-based schools that currently enable them to uphold and teach their beliefs, doctrines, and traditions,
- further liberalising prostitution, which will remove protections for prostituted persons, and compound sexual objectification and exploitation of women and girls,
- removing current bans on overseas commercial surrogacy, which will encourage the commodification of vulnerable women as wombs for rent and children as products for sale.

Even though an overwhelming 85% of NSW residents rejected the bill as part of a parliamentary inquiry, the Government has still not indicated they would oppose it. It is important that we voice our concern over this proposed development. I encourage us to add our name to the petition which is open until 10 September 2024.

<https://tinyurl.com/5x5fz6y8>

In this Year of Prayer, the seventh meditation, "Schools of Prayer and Discernment" in my series of eight, has now been published: <https://tinyurl.com/4p4f9nta>. The final one to be published will provide an overview through the perspective of the Catechism of the Church.

This coming Thursday, 8 August, we celebrate the Feast Day of St Mary MacKillop of the Cross. Our Masses will be at their usual time of 9am and 12.30pm. May Mary MacKillop's spirit continue to inspire us to find God through all the ordinary struggles of our day and "never to leave a need unattended."

IN OUR PRAYERS WE REMEMBER:

This week's church flowers are generously donated in thanksgiving to God from the

Wan Family

Our loved ones who have recently passed away:

Lillian McDonough; Dr Larry Yip; Paul Lim; Astrid Ingham Brooke; Cornelius Keenan; Deacon Franklin Hung (brother of Rita); Bishop Kevin Manning.

Our loved ones who are sick:

Judith Ryan; Sally Luxton; Jim & Ann Avery; Thomas West; Lucy Rodriguez; Gillian Hawkins; Pax Aylward; Leo Barry; Donna Fernandez; Allison Roberts; Zac Vlasic; Ying Leong Fong (father in law of Hannah Fong); The mother of Fr Greg Skulski; Helen Coutts-Trotter (sister of Terry Meagher); Teddy Malapira; Kristen O'Loan; Mitch East; Margaret; Victor Villanueva Herriquez; Johnson Siu; Joseph Bonnici; Bill Piper; Frank Hallissy; John O'Brien; Gerard De Leon; Carlos De Leon; Mary Kin-Soon Ng; Bonnie Leung; John Tiorg and family; Esther Grant and family.

Our loved ones, at rest with God, whose anniversaries fall at this time:

Frances Hung; Victor Maher (father of Cheryl Thomas); Gary Maher (brother of Cheryl Thomas); Zelimir Cetinic Pensa & Family; Franko Vlatko & Family; Wah Chew Chan - 8 August; Irene Ward (mother of Judith Ryan); Charles Shortis (father of Stephen Shortis).

Our loved ones celebrating their birthdays:

Moira Dahlberg, Abigail from Playgroup.



7.30am Morning Tea - Please join us in the PEW garden for morning tea following 7.30am Mass this Sunday.

GOSPEL REFLECTION



**Deacon
Kevin Hale**

Have you ever dreamed about being born into a rich family, or of winning Lotto? What would you do with all that money? I am pretty sure that all of us, at some time or other, has imagined what we would do if we won a considerable amount of money. But what we Christians seem to forget, at times, is that we have the richest Father imaginable! After all God, our Father, owns everything in the universe. He even has the power to create whatever else he wants to. What's more, God's heart is so full of love that he can't help but lavish priceless gifts upon us, his children.

When the Israelites asked for food in the desert, God gave them exactly what they needed. He wasn't put off by their grumblings. He gave them Manna, a form of bread. Similarly, when the throngs gathered around Jesus, he not only fed them, he gave them more than they could eat. This was the story of last week's Gospel where he fed the 5,000 with five (5) loaves and three (3) fish. As usual God was overly generous with his people.

In both instances, God's main goal was to manifest his love in such a way that it would move the people to trust him with their lives. Those who crowded around Jesus asked him a simple question: "What must we do to do the works of God?" And he gave an equally simple answer: "Believe in the one God has sent."

The greatest "work of God" we can ever do is open our hearts to him so he can fill us and change us. Whenever we celebrate Bible Sunday we usually encourage each of you to have a Bible at home and to read it regularly. If you did so you would find that Scripture gives many examples of people who have opened themselves to God and were changed.

Cornelius sought God in prayer and was surprised by the Holy Spirit. Mary Magdalene pursued Jesus wholeheartedly and with great joy found him at the tomb. Paul and Silas sang and worshipped God and were released from prison. In this world of ours, with all its wars and sufferings, we are no different than the people of Jesus' time. Our hearts are starving to receive God's love, waiting to be watered with his grace. Deep within, we all long to know that God loves us as his own children.

If we will sit quietly before the Lord each day in prayer and receive his body at Mass with open hearts, he will feed us. So let's go to him. Let's ask him for the grace to love our families and to reach out in service to our neighbours. Let's believe in him with our whole hearts. Then, we'll find ourselves doing his work in our lives.

OUR WEEK IN PICS



Our first Welcoming Parish BBQ was held last Sunday after the 10.30am Mass and it was a beautiful day! Thank you to all who could join us and those who helped make this a inviting event: Anthony, Marty, Cheryl, Andrew, Bergil, Phil and the boys, Gillian, Virginia, Trish, Yuliana, Dee, Cynthia, Marte, Grace, Lei and Yvonne! This was followed by our first Masterclass: Christian Hospitality and we welcomed the parish of Manly-Freshwater who joined us!

NEW CHINESE CATHOLIC ASSOCIATION LEADERSHIP



Congratulations to Hannah Fong (left) and Sharon Yuen (right) who are the new co-ordinators of our Chinese Catholic Association! Here's a little bit about them:

Hannah: I encountered Jesus at 18 years old at university through the Navigator Ministry and was baptized after completing the RCIA program around twenty years ago. I attended the Frenchs Forest Parish local churches before joining OLD, which became our church about 1.5 years ago as it is the midpoint location for weekly catch-ups with my daughter and son after Sunday Mass. Currently, I work part-time as a corporate financial accountant in the healthcare industry. Prior to that, I worked full-time in corporate accounting, owned a small business with my husband, and held finance managerial positions within the SME space. Mass is a time for my family to connect with God and be reminded of, and blessed by, His words.

Sharon: I moved back from Hong Kong to Sydney in November 2021 since my dad got sick during Covid. I am living with my mom and taking care of her at the moment. Alpha is my very first course and community that I joined in our parish. It is an amazing journey to me. I greatly appreciate the love and friendship that we shared in the Alpha group. I wish to continue to share the joy and blessings in CCA and our community.



Congratulations to Caroline who won a \$50 gift card at Thursday's Seniors Morning Tea Trivia!



At playgroup this week Abigail did a lovely performance for us, and we sang Disney songs with our parents!

SENIORS HIGH TEA
10AM THURSDAY SEPTEMBER 5



Join us for the next Seniors morning tea in September where we will have a High Tea! If you do not have anyone to bring you please email Mona at Mona.Saouma@bccatholic.org.au and we'll find you a way!

FEASTS OF THE BLESSED VIRGIN MARY IN AUGUST

Please join us to pray the rosary together via Zoom to honour the Blessed Virgin Mary on her special feast days.



ASSUMPTION OF THE BLESSED VIRGIN MARY BODY AND SOUL INTO HEAVEN

THURSDAY 15 AUGUST at 8 pm

<https://us02web.zoom.us/j/88486181147>

Meeting ID: 884 8618 1147 (No Passcode required)



CROWNING OF THE BLESSED VIRGIN MARY AS QUEEN OF HEAVEN AND EARTH

THURSDAY 22 AUGUST at 8 pm

<https://us02web.zoom.us/j/87674750323>

Meeting ID: 876 7475 0323 (No Passcode required)

(Please note different Zoom Links for different days)

ENROL FOR RCIA (RITE OF CHRISTIAN INITIATION OF ADULTS)

Do you know of anyone who is interested in what Catholics believe?

If so, please let them know that the parish is running programs to give them such information and would you also extend a personal invitation to them to contact those listed below.

We run a process through which people will be able, without pressure, to find out more about the church, and to have their questions answered. We have three groups running this process.

- For Chinese speaking people who would like to learn in their own language. This group is led by Grace Tai (Mobile: 0403 345 809)
- For English speaking people. There are two groups, one will be led by Deacon Kevin Hale (kevin.hale@bbcatholic.org.au) and the other is known as the Exploring the Faith Program run by Anthony Seeto (0414 364 522).

The Chinese Speakers Group start its sessions on Saturday 3rd August.

Exploring the Faith starts Wednesday 7th August.

The English Speakers Group will start on the Sunday 8th of September.

Those interested in taking a step in this direction, please contact us per the above details or contact the Parish Office on 9410 9000.



SAINT LAWRENCE FEAST DAY 10 AUGUST

- Saint Lawrence served as one of the seven deacons of Rome, responsible for helping the poor and managing the Church's material goods during the 3rd century.
- Lawrence was martyred during the persecution of Christians under the Roman Emperor Valerian in 258 AD. His death is famously associated with being roasted alive on a gridiron.

When ordered by the Roman prefect to hand over the Church's wealth, Lawrence presented the poor and needy, proclaiming them as the true treasures of the Church.

- The Perseid meteor shower, which occurs annually around the time of his feast day, is sometimes referred to as the "Tears of Saint Lawrence," symbolizing the tears shed by the saint during his martyrdom.

所以，你若在祭壇前，要獻你的禮物時，在那裏想起你的弟兄有什麼怨你的事，就把你的禮物留在那裏，留在祭壇前，先去與你的弟兄和好，然後再來獻你的禮物。 瑪竇福音 5:23-24

Therefore, if you bring your gift to the altar, and there recall that your brother has anything against you, leave your gift there at the altar, go first and be reconciled with your brother, and then come and offer your gift. *Matthew 5:23-24*



SAINT MARY OF THE CROSS MACKILLOP

SOLEMNITY 8 AUGUST

- Mary MacKillop was canonized by Pope Benedict XVI on October 17, 2010, making her the first Australian saint.
- In 1866, she co-founded the Sisters of St Joseph of the Sacred Heart, a religious order dedicated to the education of poor children, with Fr Julian Tenison Woods.
- Mary MacKillop was briefly excommunicated in 1871 by Bishop Sheil of Adelaide due to a misunderstanding and power struggles within the church. The excommunication was lifted five months later.
- Despite her tireless work, Mary MacKillop faced numerous health issues, including a stroke in 1902 that left her partially paralyzed. She continued her work despite these challenges.
- Her canonization was attributed to two miracles. The first was the cure of a woman with leukemia in the 1960s, and the second was the healing of a woman with inoperable lung and secondary brain cancer in 1993.

OUR SUNDAY CELEBRATION

Eighteenth Sunday in Ordinary time/B

4 August 2024

THE BREAD OF LIFE. The manna the Israelites discovered in the wilderness satisfied their hunger. More importantly, it was a sign that God was with them in their time of trial. Likewise, the multiplication of the loaves and fishes was not intended simply to satisfy the hunger of the crowds but to be a sign to them of the presence of God in Jesus. In the symbolic actions of the Eucharistic celebration we also recognise the presence of Christ, the Bread of Life, among us.

INTRODUCTORY RITES

ENTRANCE ANTIPHON

Ps 69: 2, 6

**O God, come to my assistance;
O Lord, make haste to help me!
You are my rescuer, my help;
O Lord, do not delay.**

GREETING

P. In the name of the Father, and of the Son, and of the Holy Spirit.

R. Amen.

P. The Lord be with you.

R. And with your spirit.

PENITENTIAL ACT

P. Brethren (brothers and sisters), let us acknowledge our sins, and so prepare ourselves to celebrate the sacred mysteries.

P. Lord Jesus, you are the image of the unseen God: Lord, have mercy.

R. Lord, have mercy.

P. You are the first born of all creation: Christ, have mercy.

R. Christ, have mercy.

P. You are the head of the body, the Church: Lord, have mercy.

R. Lord, have mercy.

P. May almighty God have mercy on us, forgive us our sins, and bring us to everlasting life.

R. Amen.

GLORIA

Glory to God in the highest, / and on earth peace to people of good will. / We praise you, / we bless you, / we adore you, / we glorify you, / we give you thanks for your great glory, / Lord God, heavenly King, / O God, almighty Father. / Lord Jesus Christ, Only Begotten Son, / Lord God, Lamb of God, Son of the Father, / you take away the sins of the world, / have mercy on us; / you take away the sins of the world, / receive our prayer; / you are seated at the right hand of the Father, / have mercy on us. / For you alone are the Holy One, / you alone are the Lord, / you alone are the Most High, / Jesus Christ, / with the Holy Spirit, / in the glory of God the Father. / Amen.

COLLECT

P. Draw near to your servants, O Lord, and answer their prayers with unceasing

kindness, that, for those who glory in you as their Creator and guide, you may restore what you have created and keep safe what you have restored. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

R. Amen.

LITURGY OF THE WORD

FIRST READING

Ex 16: 2-4, 12-15

A reading from the book of Exodus.

I will rain bread from heaven upon you.

The whole community of the sons of Israel began to complain against Moses and Aaron in the wilderness and said to them, 'Why did we not die at the Lord's hand in the land of Egypt, when we were able to sit down to pans of meat and could eat bread to our heart's content! As it is, you have brought us to this wilderness to starve this whole company to death!'

Then the Lord said to Moses, 'Now I will rain down bread for you from the heavens. Each day the people are to go out and gather the day's portion; I propose to test them in this way to see whether they will follow my law or not.' 'I have heard the complaints of the sons of Israel. Say this to them, "Between the two evenings you shall eat meat, and in the morning you shall have bread to your heart's content. Then you will learn that I, the Lord, am your God." ' And so it came about: quails flew up in the evening, and they covered the camp; in the morning there was a coating of dew all round the camp. When the coating of dew lifted, there on the surface of the desert was a thing delicate, powdery, as fine as hoarfrost on the ground. When they saw this, the sons of Israel said to one another, 'What is that?' not knowing what it was. 'That' said Moses to them 'is the bread the Lord gives you to eat.'

The word of the Lord. R.

Thanks be to God.

RESP PSALM

Ps 77: 3-4, 23-25, 54. R. v. 24

R. The Lord gave them bread from heaven.

1. The things we have heard and understood, / the things our fathers have told us, / we will tell to the next generation: / the glories of the Lord and his might. **R.**

2. He commanded the clouds above / and opened the gates of heaven. / He rained down manna for their food, / and gave them bread from heaven. **R.**



3. Mere men ate the bread of angels. / He sent them abundance of food. / He brought them to his holy land, / to the mountain which his right hand had won. **R.**

SECOND READING

Eph 4: 17, 20-24

A reading from the letter of St Paul to the Ephesians.

Put on the new person that has been created in God's image.

I want to urge you in the name of the Lord, not to go on living the aimless kind of life that pagans live. Now that is hardly the way you have learnt from Christ, unless you failed to hear him properly when you were taught what the truth is in Jesus. You must give up your old way of life; you must put aside your old self, which gets corrupted by following illusory desires. Your mind must be renewed by a spiritual revolution so that you can put on the new self that has been created in God's way, in the goodness and holiness of the truth.

The word of the Lord.

R. Thanks be to God.

GOSPEL ACCLAMATION

Mt 4: 4

Alleluia, alleluia! No one lives on bread alone, but on every word that comes from the mouth of God. Alleluia!

GOSPEL

Jn 6: 24-35

P. The Lord be with you.

R. And with your spirit. P. A reading from the holy Gospel according to John.

R. Glory to you, O Lord.

Whoever comes to me will never be hungry; whoever believes in me will never thirst.

When the people saw that neither Jesus nor his disciples were there, they got into boats and crossed to Capernaum to look for Jesus. When they found him on the other side, they said to him, 'Rabbi, when did you come here?' Jesus answered:

'I tell you most solemnly,

you are not looking for me
because you have seen the signs
but because you had all the bread you
wanted to eat.
Do not work for food that cannot last,
but work for food that endures to eternal life,
the kind of food the Son of Man is offering
you,
for on him the Father, God himself, has
set his seal.'

Then they said to him, 'What must we do if
we are to do the works that God wants?'
Jesus gave them this answer, 'This is
working for God: you must believe in the
one he has sent.' So they said, 'What sign
will you give to show us that we should
believe in you? What work will you do? Our
fathers had manna to eat in the desert; as
scripture says: He gave them bread from
heaven to eat.' Jesus answered:

'I tell you most solemnly,
it was not Moses who gave you bread from
heaven,
it is my Father who gives you the bread
from heaven,
the true bread;
for the bread of God
is that which comes down from heaven
and gives life to the world.'
'Sir,' they said 'give us that bread always.'
Jesus answered:

'I am the bread of life.
He who comes to me will never be hungry;
he who believes in me will never thirst.'

The Gospel of the Lord.

R. Praise to you, Lord Jesus Christ.

HOMILY PROFESSION OF FAITH

APOSTLES' CREED

Or the Nicene Creed may be said.

**I believe in God, / the Father almighty, /
Creator of heaven and earth, / and in Jesus
Christ, his only Son, our Lord, / who was
conceived by the Holy Spirit, / born of the
Virgin Mary, / suffered under Pontius
Pilate, / was crucified, died and was
buried; / he descended into hell; / on the
third day he rose again from the dead; / he
ascended into heaven, / and is seated at
the right hand of God the Father
almighty; / from there he will come to
judge the living and the dead. / I believe in
the Holy Spirit, / the holy catholic
Church, / the communion of saints, / the
forgiveness of sins, / the resurrection of
the body, / and life everlasting. Amen.**

PRAYER OF THE FAITHFUL

LITURGY OF THE EUCHARIST

*After the priest raises the paten with the
bread and prays, and then the chalice, we
respond to each prayer:*

R. Blessed be God for ever.

P. Pray, brethren (brothers and sisters), that
my sacrifice and yours may be acceptable to
God, the almighty Father.

**R. May the Lord accept the sacrifice at
your hands for the praise and glory of his
name, for our good and the good of all
his holy Church.**

PRAYER OVER THE OFFERINGS

P. Graciously sanctify these gifts, O Lord, we
pray, and, accepting the oblation of this
spiritual sacrifice, make of us an eternal
offering to you. Through Christ our Lord.

R. Amen.

THE EUCHARISTIC PRAYER

P. The Lord be with you.

R. And with your spirit.

P. Lift up your hearts.

R. We lift them up to the Lord.

P. Let us give thanks to the Lord our God.

R. It is right and just.

PREFACE I-VIII OF THE SUNDAYS IN ORDINARY TIME

After the Preface, we sing or say:

**All: Holy, Holy, Holy Lord God of hosts.
Heaven and earth are full of your glory.
Hosanna in the highest. Blessed is he
who comes in the name of the Lord.
Hosanna in the highest.**

THE MEMORIAL ACCLAMATION

P. The mystery of faith.

**All: We proclaim your Death, O Lord,
and profess your Resurrection
until you come again.**

COMMUNION RITE

P. At the Saviour's command and formed by
divine teaching, we dare to say:

All: Our Father, who art in heaven . . .

P. Deliver us, Lord, we pray. . .

**All: For the kingdom, the power and the
glory are yours now and for ever.**

P. Lord Jesus Christ, who said. . .

R. Amen.

P. The peace of the Lord be with you always.

R. And with your spirit.

P. Let us offer each other the sign of peace.

All exchange a sign of peace.

LAMB OF GOD

**All: Lamb of God, you take away the sins
of the world, have mercy on us.**

**Lamb of God, you take away the sins of
the world, have mercy on us.**

**Lamb of God, you take away the sins of
the world, grant us peace.**

INVITATION TO COMMUNION

P. Behold the Lamb of God, behold him who
takes away the sins of the world. Blessed are
those called to the supper of the Lamb.

**R. Lord, I am not worthy that you should
enter under my roof, but only say the
word and my soul shall be healed.**

COMMUNION ANTIPHON

Wis 16: 20

**You have given us, O Lord, bread from
heaven,
endowed with all delights and sweetness
in every taste.**

PRAYER AFTER COMMUNION

P. Accompany with constant protection,

O Lord, those you renew with these heavenly
gifts and, in your never-failing care for them,

make them worthy of eternal redemption.
Through Christ our Lord.

R. Amen.

THE CONCLUDING RITES

P. The Lord be with you.

R. And with your spirit.

P. May almighty God bless you,

the Father, and the Son, ✠ and the Holy
Spirit.

R. Amen.

P. Go forth, the Mass is ended.

R. Thanks be to God.

BREAKING OPEN THE WORD

BREAD OF LIFE

Our first reading today comes from the
Book of Exodus where Moses and Aaron
are confronted with grumblings of hunger
from the Israelites in the desert. The Lord
says to Moses 'I am going to rain bread
from heaven for you, and each day people
shall go out and gather enough for that
day.' True to God's word the Israelites
found this bread, manna, 'like frost on the
ground.' Moses confirmed 'It is the bread
that the Lord has given you.'

Today's psalm reiterates God's generosity:
'The Lord gave them bread from heaven.'

Both the Exodus passage and the psalm
link to the Gospel of today from John –
the first part of the discourse on the Bread
from Heaven. Picking up from our Gospel
last week, we find the crowd still pursuing
Jesus who suggests they are looking for
him because they ate their fill of loaves.
Jesus advises them to seek 'the food that
endures for eternal life.'

Understandably the crowd asks for both
clarification and a sign, noting that their
ancestors ate manna in the desert. Jesus
points out that it was not Moses who
provided manna, but God. We hear Jesus
saying: 'For the bread of God is that which
comes down from heaven and gives life to
the world.' Will we respond like the crowd,
saying 'give us this bread always'? Do we
carry in our heart and our life the
understanding of Jesus' words, 'I am the
bread of life. Whoever comes to me will
never be hungry, and whoever believes in
me will never be thirsty.'

Dr Rosemary Canavan

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NEXT WEEK IN THE CHURCH

Monday
5 August

- 11:30am Chaplet of Divine Mercy, Rosary (Cenacle, MMP).
- **12:30pm Mass.**
- 1:00pm Rosary.
- 1:30pm Organ practice.

Tuesday
6 August

- 8:45am Morning Prayer.
- **9:00am Mass.**
- 9:30am Rosary and Chaplet of Divine Mercy.
- 10:30am Organ practice.
- **12:30pm Mass.**
- 1:00pm Rosary.
- 2:00pm Organ practice.
- 4:00pm Organ practice.
- 7:15pm Filipino choir practice.

Feast:
Transfiguration of the Lord

Wednesday
7 August

- 8:45am Morning Prayer.
- **9:00am Mass.**
- 9:30am Rosary and Chaplet of Divine Mercy.
- **12:30pm Mass.**
- 1:00pm Rosary.
- 3:30pm Organ practice.
- **6:00pm Mass.**
- 6:30pm Organ practice.

Thursday
8 August

- 8:45am Morning Prayer.
- **9:00am Mass.**
- **9:30am Eucharistic Exposition and Adoration, Rosary, Chaplet of Divine Mercy.**
- **12:30pm Mass.**
- 1:00pm Rosary.
- 2:00pm Organ practice.
- 3:30pm Organ lesson.
- 4:30pm Organ lesson.
- **7:00pm Holy Hour Eucharistic Exposition and Adoration with Reconciliation also available.**

Solemnity:
St Mary of the Cross MacKillop

Friday
9 August

- 8:45am Morning Prayer.
- **9:00am Mass.**
- 9:30am Rosary and Chaplet of Divine Mercy.
- 10:30am Organ practice.
- **12:30pm Mass.**
- 1:00pm Rosary.
- 1:30pm SC Organ lesson.
- 3:00pm Organ lesson BJ.
- 4:00pm Organ practice and lesson AH.
- 7:00pm Indonesian Choir - set up at 6:00pm.

Saturday
10 August



Feast:
St Lawrence

- 8:45am Morning Prayer.
- **9:00am Mass.**
- **9:30am Eucharistic Exposition and Adoration with Reconciliation, Rosary.**
- 10:00am Novena Our Lady of Perpetual Help.
- 11:00am Choir practice.
- 12:30pm Organ practice SC.
- 4:45pm Vigil singer bookings.
- **5:30pm Vigil Mass.**

Sunday Mass
11 August


19th Sunday in Ordinary Time

- **7:30am Mass.**
- **9:00am Mass.**
- **10:30am Mass.**
- 12:00pm Baptisms.
- 1:30 Organ practice SC.
- 2:30pm Organ practice AH.
- 4:00pm Youth choir AW.
- **5:30pm Mass.**





JOIN US AUGUST 15 TO CELEBRATE THE SOLEMNITY OF THE


ASSUMPTION OF THE BLESSED VIRGIN MARY




MASS 7:00AM




MASS 9:00AM



MASS 12:30PM



MASS 7:00PM



OUR LADY OF SORROWS CHURCH
94 ARCHER ST, CHATSWOOD
CHATWOODOFFICE@BBCATHOLIC.ORG.AU



Plumbing work will be taking place on our office driveway, accessed from Archer St, from August 2nd to 4th. During this time, the driveway will be closed to the public.

Thank you for your cooperation and understanding whilst these works take place.

NEXT WEEK IN THE MEETING ROOMS

- Monday
5 August
- 10:00am Atrium for 3-6 year olds (Atrium)
 - 3:45pm Atrium for 3-6, 6-9 & 9-12 year olds (Atrium).
 - 4:00am Private booking EHS (St Peter).

- Tuesday
6 August
- 10:00am Bible Study and Discussion (St Paul).
 - 2:30pm Staff Meeting (Magnificat).
 - 3:45pm Atrium for 3-6, 6-9 & 9-12 year olds (Atrium).
 - 4:00am Private booking EHS (St Peter).
 - 7:00pm Indonesian Legion of Mary (St Peter).
 - 7:00pm Journey into Truth (Magnificat, St Paul) set up 5:30pm.

- Wednesday
7 August
- 9:30am English Lifestyle Conversations (Magnificat).
 - 4:00pm Private Booking EHS (St Peter).
 - 6:00pm Indonesian musical instruments practice (Harrington Hall).
 - 7:00pm Exploring the Faith (St Peter).

- Thursday
8 August
- 10:00am Atrium for 3-6 year olds (Atrium).
 - 1:00pm Playgroup (Magnificat) set up 12:00pm.
 - 1:30pm Friends & Fellowship group (St Paul).
 - 4:00pm Private Booking EHS (St Peter).
 - 6:00pm Altos choir practice (St Paul).

- Friday
9 August
- 10:00am Meditation and Sharing (St Paul) set up 9:30am.
 - 2:00pm Ecumenical Carols meeting (Magnificat).
 - 4:00pm Private Booking EHS (St Peter).
 - 6:30pm LIFE 2 (Magnificat).
 - 7:00pm Online Zoom Meditation and Sharing.

- Saturday
10 August
- 10:00am Music Lessons (St Paul).
 - 10:30am Legion of Mary Praesidium (St Peter) set up 10:00am.
 - 10:45am MCAG (St Peter).
 - 12:30pm Choir practice for Poland (St Paul).

- Sunday Mass
11 August
- 8:15am Children's choir practice (St Paul).
 - 9:30am Choir Practice (St Paul).
 - 6:30pm Cornerstone and Keystone Youth Group (Magnificat, St Paul) set up 4:30pm.

Choral Workshop

with Josie Ryan

24 AUGUST 2024

1:00PM - 6:30PM

**OUR LADY OF DOLOURS
CATHOLIC CHURCH**

94 ARCHER STREET, CHATSWOOD



\$30 WORKSHOP RATE*

BOOKING ESSENTIAL:

[HTTPS://WWW.TRYBOOKING.COM/CTUGS](https://www.trybooking.com/CTUGS)

OR SCAN THE QR CODE

Josie Ryan is an expert vocal coach for singers of all ages and experiences. She has conducted choirs including the ACU student and staff choir and the St Mary's North Sydney Parish Choir.

She holds a Masters degree in Early Vocal Music and Historical Performance Practice from the Royal Conservatory of The Hague, and is currently undertaking PhD studies at Sydney Conservatorium of Music.

*Parishioners of OLOD enter for free



CHATSWOODOFFICE@BBCATHOLIC.ORG.AU



02 9410 9000



IGNITE CONFERENCE 24

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JOIN OUR PARISH YOUTH AT IGNITE
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SUBSIDISED TICKETS

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\$295 tickets reduced to \$73.75 through a 50% discount from Mission Broken Bay and a further 25% from Our Lady of Dolours

*Ignite Kids
Primary School tickets*

Subsidised tickets, through Our Lady of Dolours, reduced by 50% to \$62.50 from \$125

Contact bettina.ignacio@bbcatholic.org.au to secure a ticket

Igniting young hearts



PHILIPPINE PILGRIMAGE 2025
UPDATE AND ADDITIONAL INFORMATION

We are happy to announce that we received the interests of nine (9) participants to join the pilgrimage tour!

Here are the additional information that were requested by some of our Parishioners:

- On Masses, we plan to have Mass in different churches every day, to be celebrated by Fr David Ranson.
- The Deadline for the submission of interest and refundable deposit is on **Monday, 12 August 2024** and
- we are aiming to have 25 participants at the tour.

Come and join us, see poster of Philippine Pilgrimage 2025 for details.

The Philippines was under the Spanish Regime for 333 years, a period that greatly influenced the culture and religion of the Filipino people. The Philippines has the biggest population of Catholics in Asia, with 79%, according to the Philippine Statistics Authority's 2020 Census.

Several Churches were built all over the Philippines from southern to northern parts of the country, with two canonised Filipino saints: Saint Lorenzo Ruis and Saint Pedro Calungsod. After more than 500 years, the Filipino people continue to advance their faith and Catholicity, with the Parish Church serving as the beating heart of everyday life.

Inspired by this nation, its people, and our own catholic faith, we are organising a pilgrimage tour to the Philippines, centred on visiting renowned places, churches and Minor Basilicas.

Places to Visit: Manila: Manila Cathedral, San Agustin, Intramuros/Rizal Park, Binondo Church, Quiapo (optional), Baclaran Church (optional); Iloilo: Jaro Church, Molo Church; Guimaras: Tappist Monastery, Holy Family Hills, Mango Farm, Guisi Lighthouse, Pit Stop Café-Mango Pizza, Beach; Cebu: Sto Nino, Cebu City Tour, Magellan Cross, Simala Church (optional); Bohol: Bohol Churches, Baclayon Church, Lobok River Cruise, Tagbilaran, Chocolate Hills, Tarsier Sanctuary, Blood Compact Shrine; Bulacan: Barasoain Church; Manaoag, La Union: Our Lady of Manaoag; Vigan: Calle Crisologo, Bantay Church Bell Tower; Batac: Sites of Batac. ****Note: Itinerary may be subject to change.* Tour Chaplain: Rev Dr David Ranson.

Date of the Tour: 16 February to 24 February 2025. Price: AU\$3,500 (subject to change depending on number of participants). To Reserve Your Place: We require a Deposit of 10% or \$350 (refundable)
Please pay to: Our Lady of Dolours - Bank: Commonwealth Bank of Australia, BSB No. : 062 784, Account Number: 100001609, Reference: Philippine Pilgrimage.

Inclusions: Domestic flights; Land and water transportation; Hotels with breakfast.

Exclusions: Plane fares from Sydney to Manila and back; Optional tours before and after the pilgrimage tour.

For inquiries: Email: philpilgrimage2025@gmail.com | What's App: Philippine pilgrimage 2025 | Ditas Naguit: 0405 999 510 | Rene Balboa: 0413 558 836

Holy Heritage: A Pilgrimage to the
Philippines
16 - 24 Feb 2025

All are welcome to join our pilgrimage and immerse yourselves in a spiritual journey through the rich and vibrant culture of the Philippines.

Explore renowned churches and sacred sites, guided by our chaplain, Fr David Ranson!

Manila Cathedral
Guimaras: Trappist Monastery
Lobok River Cruise
Bantay Church Bell Tower
and more!

\$3 500 pp

INCLUDES DOMESTIC FLIGHTS, LAND AND WATER TRANSPORTATION, HOTELS WITH BREAKFAST

EXCLUDES PLANE FARES FROM SYDNEY TO MANILA AND BACK, & OPTIONAL TOURS BEFORE AND AFTER THE PILGRIMAGE TOUR

Ditas: 0405 999 510 Rene: 0413 558 836 philpilgrimage2025@gmail.com



Mon, 05 Aug | Online Retreat via Zoom

On The Way – Retreat in Daily Life

Are you longing for some time out that fits in with a busy schedule? This online retreat in daily life offers you an opportunity to walk with your own experience, to reflect with God who companions you and to discern the movements of the Spirit calling you onward in your everyday experience.

Time & Location

4 more dates

05 Aug 2024, 7:30 pm AEST – 02 Sept 2024, 9:00 pm AEST
Online Retreat via Zoom

Select Different Date

About the event

When: August 5, 12, 19, 26, Sept 2. (Monday Nights)
Time: 7:30pm - 9:00pm.
Where: Via Zoom.
Cost: \$240 (Concession/Student) - \$300 (Full Cost)

Cost includes all five sessions, including Input, Guided Contemplation, Group Facilitation, Spiritual Accompaniment, and all Retreat Material.

"In his autobiography, Ignatius refers to himself as "the pilgrim." Pilgrims are not wanderers, vagrants, or aimless
Show More

Register Here

National Vocations Awareness Week 4 - 11 August 2024



Catholic Vocations Broken Bay

vocations.ministry@bbcatholic.org.au | 02 8379 1626 | 0418 522 449 | 2/423 Pennant Hills Road, Pennant Hills

"Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest."
Matthew 11:28



3rd August 2024

One Day Malayalam Retreat
10:00am - 2:30pm

16th-18th August 2024

Inner Healing Growth Retreat

with Fr Prince Joseph VC & Fr Jubey Varghese VC
Starts on Friday 5.30pm & ends on Sunday 4.00pm
(Food & Accommodation provided)

For more info & bookings please contact:
02 43721598 or email: drcretreatrego@gmail.com

25th August 2024

One Day Pilgrimage (Last Sunday)
9:00am - 4:00pm

Please join us in prayer of Thanksgiving in welcoming
Fr. Sam Samuel VC & Fr. Prince Joseph VC
and bidding Fond Farewell to Fr. Roni George VC

ALL ARE WELCOME, NO BOOKING REQUIRED, BYO LUNCH



DIVINE RETREAT CENTRE

160 Hensons Road, SOMERSBY, SYDNEY-NSW 2250,
Tel: 02 4372 1598, email drcsydney@gmail.com
• www.divineretreatcentre.org • Find us on facebook

The Divine Retreat Centre promotes the safety and protection of children and other vulnerable persons in its care.



Natural Fertility Awareness Week

Trust your body's natural signals of fertility:

Forget about drugs and devices

You're invited to join our Free Webinar
19 August 2024 @ 7:30 PM AEST



An introduction to the Billings Ovulation Method® to naturally manage your fertility and monitor your reproductive health.



Our Lady of Dolours Parish is committed to fostering communities of safety and care for all people, especially for children and those in the community who are vulnerable.

If you have any concerns about safety contact the parish office on 02 9410 9000 or contact the Office of Safeguarding on 02 8379 1605

Parish Support Team:

Parish Priest: Very Rev Dr David Ranson VG PP
 (Day off on Monday)
 David.Ranson@bbcatholic.org.au
 Personal blog: davidranson.com.au
 X (formerly Twitter): @FrDavidRanson

Assistant Priest: Rev Fr Joey Frez (Day off on Monday)
 Joey.Frez@bbcatholic.org.au

Assistant Priest: Rev Fr Anselam Lakra
 (Day off on Friday)
 Anselam.Lakra@bbcatholic.org.au

Deacon: Rev Richard Houwing (Sun)
 Richard.Houwing@bbcatholic.org.au

Manager of Parish Operations: Olivia Lee (Mon - Fri)
 Olivia.Lee@bbcatholic.org.au

Receptionist: Diana Tinambun
 chatswoodoffice@bbcatholic.org.au | (02) 9410 9000

Project Officer: Chloe Aylward (Mon - Wed)
 Chloe.Aylward@bbcatholic.org.au

Director of Music: Titus Grenyer
 Titus.Grenyer@bbcatholic.org.au

Children's Ministry Coordinator: Angela Hague
 Angela.Hague@bbcatholic.org.au | (02) 9410 9033

Pastoral Support Worker: Mona Saouma
 Mona.Saouma@bbcatholic.org.au

Youth Minister: Bettina Ignacio (Mon, Tue, Sun)
 Bettina.Ignacio@bbcatholic.org.au

Catechist Coordinator: Karen Forbes
 Karen.Forbes@bbcatholic.org.au

Book-keeper: Amelia Lee (Mon, Tue, Thur)
 Amelia.Lee@bbcatholic.org.au | (02)9410 9032

**Parent Engagement Co-Ordinator
 for Our Lady of Dolours Primary School:
 Rebecca Molinaro**

Rebecca.Molinaro@dbb.catholic.edu.au
 Thursdays 8:00am - 4:00pm

**Parent Engagement Co-Ordinator
 for Mercy Catholic Collegel:
 Annette Leahy**

annette.leahy1@dbb.catholic.edu.au
 Wednesdays 8:00am - 4:00pm

 facebook.com/OLDChatswood

 bbcatholic.org.au/chatswood

Want to receive the bulletin via e-mail?
 Contact Olivia at Olivia.Lee@bbcatholic.org.au

Regular Mass Times:

Monday	Mass 12:30pm.
Tuesday	Mass 9:00am & 12:30pm.
Wednesday	Mass 9:00am, 12:30pm & 6:00pm.
Thursday	Mass 9:00am & 12:30pm. Reconciliation: 7:00pm.
Friday	Mass 9:00am & 12:30pm.
Saturday	Mass: 9:00am Reconciliation: 9:30am. Vigil Mass: 5:30pm
Sunday	Mass <ul style="list-style-type: none"> • 7:30am • 9:00am • 10:30am • 5:30pm



On Saturday 31 August, we will come together as a parish community, to encounter one another, listen to each other, and help to discern and shape the future of our parish at our fourth Parish-in-Council meeting.

The afternoon, like our previous Parish-in-Councils, will feature lunch, thought-provoking presentations, conversations and the opportunity for each and every one of our voices to be heard.

We will meet new people, get to know one another better and continue our journey to becoming a vibrant and inclusive community of God, where everyone feels accepted, valued and known.

Q. Can I bring my children? Absolutely! We want Parish-in-Council to be accessible for all families with children of any age. That's why we created Kids-in-Council, for toddlers through to teens, running in parallel to Parish-in-Council, with catered lunch, tailored fun activities through the afternoon and projects linked to the main topic of Parish-in-Council.

Q. Who is Parish-in-Council for? Parish-in-Council is open to anyone who participates in the life of our parish, even if you live outside of Chatswood.

Q. Is registration mandatory? Yes. So that we can properly plan lunch and how many tables to fill, we need everyone to pre-register.

Register Now

To register simply visit the webpage link below or scan the QR code.

<https://parish-in-council-iv.rsvpify.com>

